



AIMAN COLLEGE OF ARTS AND SCIENCE FOR WOMEN

(Sponsored by AIMA Education & Welfare Society)

Affiliated to Bharathidasan University

Recognized by UGC under section 2(f) & 12(B)

K.Sathanur, Trichy - 620021.

Department of Nutrition & Dietetics

Organizes a One day Webinar
on

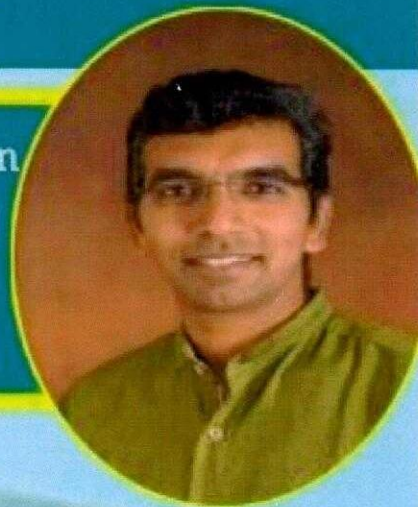
Impact of Diet on Endocrine Disorders

Dr.Sakthivel Sivasubramanian

MD(Gen), DM(Endocrinology)

MRCP Speciality Certification

(Diabetes & Endocrinology)



Signed
23.2.22

PRINCIPAL
AIMAN COLLEGE OF ARTS &
SCIENCE FOR WOMEN
TIRUCHIRAPPALLI-620 021

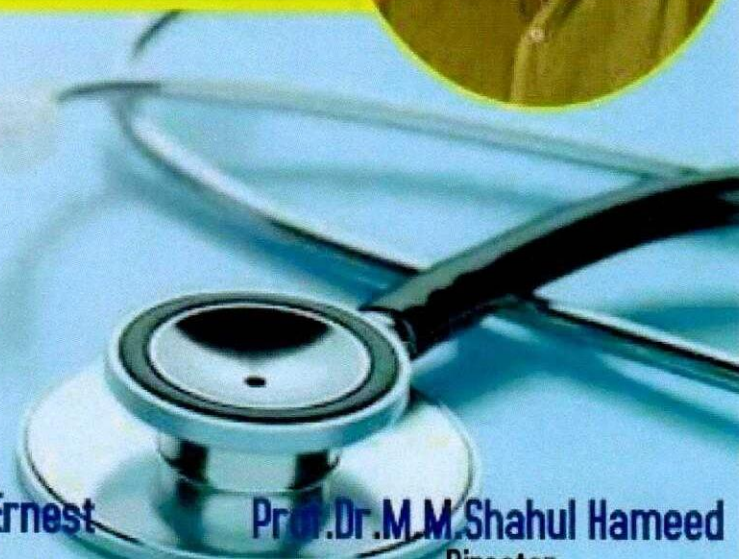
Date : 22.02.2022

Time : 2.00 p.m.

Mode : Google Meet

Dr.Suhashini Ernest
Principal

Prof.Dr.M.M.Shahul Hameed
Director





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AIMAN/INVIT/6051/2021-22

Date: 17.02.2022

Dr.Suhashini Ernest
Principal

To

Dr. Sakthivel Sivasubramanian, MD (Gen). DM (Endocrinology)
The Hormone Clinic,
Siva Sakthi Nursing Home,
Trichy.

Respected Sir,

On the event of World Endocrine day, we would like to have you to give a guest lecture through online on the topic **“Impact of diet on Endocrine disorders”** for our students on 22nd February 2022 from 2:00 pm to 3:00 pm. We humbly request you to accept our invitation and enlighten our students.

Thanking you,

Regards

Principal

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AIMAN COLLEGE OF ARTS AND SCIENCE FOR WOMEN, TRICHY-21


DEPARTMENT OF NUTRITION AND DIETETICS

IMPACT OF DIET ON ENDOCRINE DISORDER-22.02.2022

Department of Nutrition and Dietetics of AIMA College of Arts and Science for Women, Trichy organized a one day webinar on 22nd February at 2:00 pm on the topic "Impact of diet on Endocrine disorders". The guest speaker of the day was Dr.Sakthivel Sivasubramanian, MD (Gen), DM (Endocrinology), Medical Director, The Hormone Clinic, Tiruchirappalli.

The webinar started with recitation of prayer. Ms. Ummul Reshma, II N&D, Association Joint secretary welcomed the gathering and introduced the guest speaker of the day. Dr.Sakthivel delivered his lecture on many metabolic disorders like Diabetes Mellitus and Thyroid. He also added the diet which has to be followed by thyroid patients like consumption of cooked cruciferous vegetables and the avoidance of soy products and inflammatory foods. He suggested that Thyroid patients need to consume 4-5 gms of iodized salt per day regularly. The session was very interactive and informative .Students raised doubts that were clarified by him very effectively. He encouraged the students to be self-confident and stress free which play a vital role in maintaining good health. Ms. Shandhiya V, Assistant Professor, Department of Nutrition and Dietetics proposed a vote of thanks. Around 220 students participated in both online and offline mode and were benefitted and gained knowledge about endocrinology.

Google meet Link: <https://meet.google.com/aeg-awwf-yhq>


23/2/22
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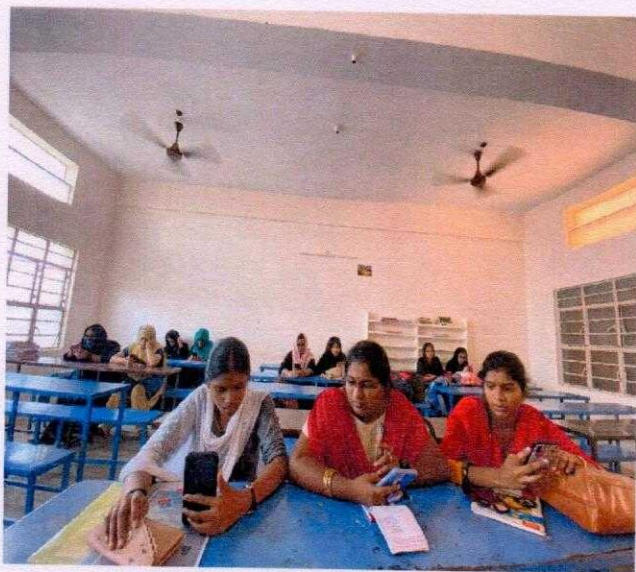
IMPACT OF DIET ON ENDOCRINE DISORDER-22.02.2022



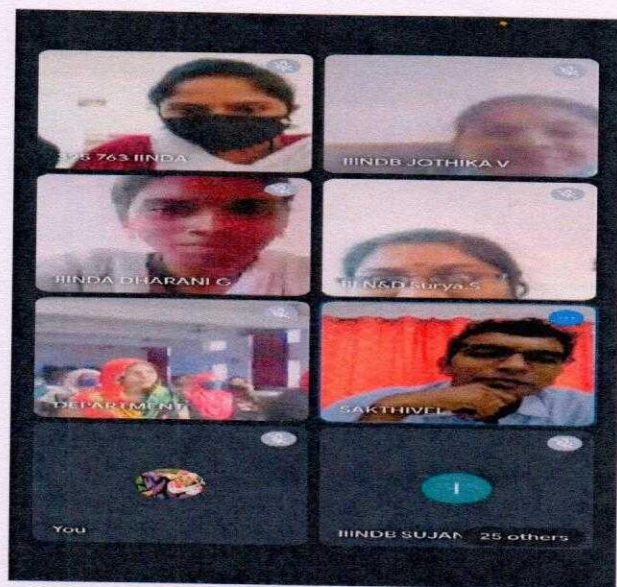
The Guest speaker Dr.Sakthivel sivasubramanian Endocrinologist The Hormone clinic, Trichy indulged this event through google meet and spoke on the topic "Impact of diet on Endocrine disorders"



Students of II YEAR Nutrition and Dietetics actively participated in this guest lecture



Students of III Year Nutrition and Dietetics actively participated in this guest lecture



The guest speaker Dr.Sakthivel sivasubramanian cleared out all the doubts that is begin raised out by the students

S. S. S.
20/3/22

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